

## Welcome to the Spring edition of the Ingram Enterprise Centre Newsletter!

We are excited to share the latest updates, achievements, and events occurring at the Ingram Enterprise Centre. This edition features an introduction to Cortex Physiotherapy, a new business in the centre, along with updates from the Business Gateway team and information about upcoming events, workshops and meeting room space for hire.

### A message from the Economic Development Officer

It's always great to see the energy and collaboration that happens daily with the Ingram Enterprise Centre. We're currently fully let, with a brilliant mix of businesses from a wide range of sectors, and it's been inspiring to watch them connect and work together by simply sharing the same building.

Being closely involved in the daily running of the Centre, I have the privilege of supporting these businesses as they grow. Whether its through tailored advice, making connections, or just being on hand to help when needed. There's a real sense of momentum in the building, and its exciting to see what's next for our business community.

Dawn McGartland | Economic Development Officer



# Business Gateway Update

## Local Agent Event – Tuesday 19<sup>th</sup> February

The Ingram Enterprise Centre hosted local agents surveyors for a networking and information sharing event led by the Business Support team. The aim of the session was to bring professionals together from the local property and business community to hear about what the Business Support team do, the support that is offered and how they can collaborate in the future.



## June Workshops at IEC

As you know Business Gateway Ayrshire have a selection of webinars and events to support you and your team – whatever stage your business is at! Business Gateway National have 204 free webinars and events coming up across Scotland with two taking place at the IEC in June:

### **How to get found online – SEO**

This workshop will guide you through the fundamentals of search engine optimisation and help you improve your website visibility on Google to attract more traffic to your site.

Thursday 5th June 2025 | 2pm to 4pm  
Janine Marriot SEO

### **Content Creation for Social Media**

This workshop is designed to equip you with the essential skills and knowledge needed to create compelling, high-impact content that resonates with your audience and drives engagement.

Tuesday 10<sup>th</sup> June 2025 | 10am to 12pm  
Speed of Light Digital

Find out more about our Business Gateway Ayrshire events here:  
<https://www.bgateway.com/events>



# New Business Update

We're delighted to welcome **Cortex Physiotherapy** to the Ingram Enterprise Centre! Cortex first joined us in February 2025 and, due to their growing client base and expanding services, moved into a larger office space in April 2025.

Cortex Physiotherapy specialises in rehabilitation for individuals with neurological conditions such as stroke, MS, Parkinson's, and Muscular Dystrophy, along with expertise in complex case physiotherapy.

Ian Legge, Managing Director of Cortex, stated that the new premises helped them offer new rehabilitation services, allowing their clients to receive the support needed to improve recovery and quality of life.

01563 657334 / [support@cortexphysiotherapy.co.uk](mailto:support@cortexphysiotherapy.co.uk)





# Meeting Rooms

The Ingram Enterprise Centre boasts well-designed meeting rooms that cater to various business needs. These rooms are versatile spaces, suitable for a range of activities such as conferences, workshops, training sessions, client meetings, brainstorming sessions and networking events.

Our rooms have flexible layouts and we can arrange the space in various layouts (such as theatre style, boardroom style, or U-shaped) to suit your specific requirements. You will also have access to high speed internet for virtual meetings or collaborative work. And if required, catering services can be arranged for refreshments or meals during your meetings.

If you are interested in viewing the space we have on offer here, or to book rooms, please get in touch with us via email on [ingramenterprisecentre@east-ayrshire.gov.uk](mailto:ingramenterprisecentre@east-ayrshire.gov.uk)

